Ida Norris Dressage. L.L.C. IDA A. NORRIS 503 MILL POND ROAD BENSON, VT. 05743 802-537-3619

Release and Consent

I, ______HEREBY AGREE TO RELEASE AND DISCHARGE FOREVER, Ida Norris Dressage L.L. C. Ida Norris, Owners of Mill Pond Farm, and any other person, firm, owner or property owner acting on its behalf from any liability what so ever arising out of, or related to riding, training, grooming or any other equestrian related activities.

In giving this release, I hereby state that I have been advised of and am aware of the risks and dangers involved with horseback riding and related activities. I understand that horses are large and unpredictable animals by nature, that they may buck, rear, shy, bite, kick and otherwise act in manners which may harm my safety, that even the most experienced riders may have difficulties controlling their animals, and that the resulting risks may be serious bodily injury or even death.

Furthermore, while I understand that the training grounds will be maintained in a reasonably safe manner, I know that contingencies such as falling from a horse onto a hard surface or any other object, falling or otherwise suffering injury when a horse trips over unlevel ground, or falling or otherwise suffering injury when a horse is frightened into unexpected behavior (running, kicking, shying, etc.) may occur. We request you wear a safety helmet when riding.

Being aware of the risks associated with horses, horseback riding and those inherent to a farm setting, I consent to assume those risks in return for being allowed to participate in horse riding, lessons, training, and any related services extended by Ida Norris Dressage L.L. C., Ida A. Norris, Mill Pond Farm, and any farm owner where these activities are conducted. In giving this release I agree that any images taken while participating in these activities may be used by Ida Norris for advertising, publishing and educational purposes.

Date:	e-mail (required)	
Signature	Printed	
		address
telepł	ione	

Please furnish us with emergency contact information: